

WINDHAM HIGH SCHOOL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	3/1/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
				PEPPERONI OR CHEESE CALZONE PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	BAKED LAYS CHOICE OF 2
CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 PEACHES GRAPES	CHOICE OF 2 PEARS BANANA	CHOICE OF 2 PINEAPPLE APPLE	CHERRY TOMATOES BROCCOLI CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

** THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER**

WG = WHOLE GRAIN

G = GREEN VEGETABLE

R/O = RED/ORANGE VEGGIE

S = STARCHY VEGETABLE

O = OTHER VEGETABLE

WINDHAM HIGH SCHOOL

3/4/2024 MONDAY	3/5/2024 TUESDAY	3/6/2024 WEDNESDAY	3/7/2024 THURSDAY	3/8/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN NUGGETS W/G ROLL	FIESTADA PIZZA	BREAKFAST BOWL EGGS/SAUSAGE	GRILLED CHEESE W/G BREAD	RANCH PIZZA BITES
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2 GREEN BEANS BAKED BEANS CHOICE OF 2 APPLESAUCE ORANGE	MEXICAN RICE CHOICE OF 2 BROCCOLI SALSA CHOICE OF 2 PEARS FRESH GRAPES	CHOICE OF 2 HASHBROWNS CORN NUGGETS CHOICE OF 2 PEACHES APPLE	CARROTS CHOICE OF 2 TOMATO SOUP CHICKEN NOODLE CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 ROASTED VEGGIES TOSSED ROMAINE SALAD CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD LUNCH SALAD BAR WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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3/11/2024 MONDAY	3/12/2024 TUESDAY	3/13/2024 WEDNESDAY	3/14/2024 THURSDAY	3/15/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHIC-FIL-A STYLE SAND. W/G BUN	TACO STICK	BBQ RIB SANDWICH W/G BUN	HASHBROWN STACKERS W/MEAT/CHEESE	CHICKEN POT PIE OVER BISCUIT
PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
LETTUCE/TOMATO CHOICE OF 2 WAFFLE FRIES BAKED BEANS CHOICE OF 2 APPLESAUCE ORANGE	RICE CHOICE OF 2 SALSA MEXICAN STREET CORN CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 PASTA SALAD GREEN BEANS CHOICE OF 2 PEARS APPLE	CHOICE OF 2 HASHBROWNS PARM.CRUSTED CARROTS CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 PEAS CORN CHOICE OF 2 MIXED FRUIT APPLE/ORANGE GREEN SHERBET
SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE	FRESH SPRING ROMAINE
WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT	WHEAT CRACKERS (1) CHOICE OF FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE

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WINDHAM HIGH SCHOOL

3/18/2024 MONDAY	3/19/2024 TUESDAY	3/20/2024 WEDNESDAY	3/21/2024 THURSDAY	3/22/2024 FRIDAY
CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1	CHOICE OF 1
CHICKEN TENDERS W/G ROLL	NO SCHOOL	DOMINOS PIZZA PEP OR CHEESE	HAM -N-CHEESE ON CROISSANT	BREADSTICKS W/SAUCE
PBJ UNCRUSTABLE		PBJ UNCRUSTABLE	PBJ UNCRUSTABLE	PBJ UNCRUSTABLE
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
FRENCH FRIES		BAKED LAYS	BAKED BEANS	SIDE OF SPAGHETTI
CHEESY CAULIFLOWER		TOSSED SALAD W/TOM.	CARROTS	BROCCOLI
CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2	CHOICE OF 2
APPLESAUCE	PEACHES	PEARS	PINEAPPLE	MIXED FRUIT
ORANGE	FRESH GRAPES	APPLE	BANANA	APPLE/ORANGE
			BUNNY CRACKER	
SALAD BAR	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH	SALAD LUNCH
FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS	FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF	CHOICE OF
FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT	FRUIT CUP/FRESH FRUIT
MILK	MILK	MILK	MILK	MILK
FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE	FAT FREE CHOCOLATE
FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY	FAT FREE STRAWBERRY
1% WHITE	1% WHITE	1% WHITE	1% WHITE	1% WHITE

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WINDHAM HIGH SCHOOL

3/25/2024 MONDAY	3/26/2024 TUESDAY	3/27/2024 WEDNESDAY	3/27/2024 THURSDAY	3/29/2024 FRIDAY
CHOICE OF 1 NO SCHOOL	CHOICE OF 1 ENJOY	CHOICE OF 1 YOUR	CHOICE OF 1 SPRING	CHOICE OF 1 BREAK
PBJ UNCRUSTABLE CHOICE OF 2	PBJ UNCRUSTABLE CHOICE OF 2	PBJ UNCRUSTABLE CHOICE OF 2	PBJ UNCRUSTABLE CHOICE OF 2	CHOICE OF 2
CHOICE OF 2 APPLESAUCE ORANGE	CHOICE OF 2 PEACHES FRESH GRAPES	CHOICE OF 2 PEARS APPLE	CHOICE OF 2 PINEAPPLE BANANA	CHOICE OF 2 MIXED FRUIT APPLE/ORANGE
SALAD BAR FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS	SALAD LUNCH FRESH SPRING ROMAINE WHEAT CROUTONS
CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT	CHOICE OF FRUIT CUP/FRESH FRUIT
MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY 1% WHITE	MILK FAT FREE CHOCOLATE FAT FREE STRAWBERRY
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